

'But when the right time came, the time God decided on, He sent his Son, born of a woman, born as a Jew, to buy freedom for us who were slaves to the law so that He could adopt us as His very own sons.'

Galatians 4:4-5 (TLB)

I want to share something quite personal with you all, I hope that's okay. It's actually relevant for this season. Are you ready? What I want to share with you is straight from my heart. It is me being honest and real and raw – I don't like shopping!!!

Who's with me? I'm sure I'm getting a few grunts of agreement from a few males right about now. This time of year especially, going shopping gets....

too noisy,

too busy,

it takes too long,

there are too many choices, yet I can't find what I'm after, and...

it ends up costing me way too much money.

I guess I have to ask myself,

'Do I love the people in my life enough to suffer shopping days?

Are they worth the time, pain and suffering?'

I wonder, when God the Father presented the plan to Jesus of coming to earth being born as a baby, growing up in this world, ministering for a while, then suffering an agonising death, well, I just wonder if it took Him very long to agree to it. He gave up Heaven to live and be raised on our dirty dusty terrain! He had to endure human ailments like weariness and weakness, hunger and thirst, and everything else that makes up our meagre mortal bodies.

Did He ponder the 'toos'...

too hot,

too dirty,

too lonely,

too hard,

too painful, or maybe even

too costly?

Maybe, just maybe, His only consideration was,

'They are worth it.

I love them so much that I will endure the *sacrifice*,
the pain and the suffering.'

Have a wonderful and blessed Christmas.

Glenn Mace Acting Principal



Hi parents,

can I draw your attention to a wonderful site I was introduced to a short while ago? It is called Common Sense Media and it is a lifesaver in regard to finding out the content and quality of content of movies, computer games, books, podcasts, apps and TV shows and will help you to discern if it is suitable for viewing. While it is only a guide, it certainly helps you to avoid surprises half way through a movie etc.

If you are a parent or responsible adult, then this might be your new best friend.

https://www.commonsensemedia.org/

God bless Jon Targett

# Tips to transition back to school 2023

We make transitions every day, a transition is a change from one thing to the next. For example, we transition from asleep to awake, from home to work, from week to weekend, some are large and some are small transitions. A significant transition in your child's life will be from holidays to back to school.

Here are 9 tips on how to help your child transition back to school in 2023.

#### 1. Go back in advance to your usual routines

Get back to the routines you abandoned or let a bit loose at the beginning of the holiday. Do it before school starts. Get the kids earlier to bed so that they get used to the school routine and don't start exhausted their first days. Have a practise "get ready for school day" with a special pancake breakfast to celebrate everyone getting themselves ready.

#### 2. Make a list of all the positive aspects about going back to school

Make a list of all the exciting things that the school year will be bringing: seeing friends again, meeting new students, participating in fun school activities. Put the list on the fridge to remind yourselves.

### 3. Talk with your kids about their back-to-school anxiety and fears

Talk about the issues they may be worrying about (new teachers, being assigned a new class different from their friends). Discuss what can be done about it and what are the positive sides to it:

- the new teacher may be really nice and fun to work with
- you have had new teachers before
- the possibility to make even more friends
- the fact that you can still meet old friends during playtime or play dates

Empathize with them. It is normal to feel a bit nervous before you go back to school.

### 4. Let kids be part of the back-to-school preparation

Let the kids participate in the back-to-school preparation: show them the new books, let them help choose new clothes and school supplies, and brainstorm new lunchbox ideas.

#### 5. Plan fun family activities for the after-holiday period

The end of the holidays needn't mean the end of the fun. Plan a pizza night at the end of the first week back to celebrate the new year.

#### 6. Plan after school fun activities

Discuss fun activities they could do when school goes back. Plan to invite a friend home from school to play one day in the first week back.

#### 7. Be a role model

Show them your positive attitude towards the new season. If you feel anxious, worried or tense, it will be difficult to convey how great things will be.

### 8. Share your own strategies

Think about what helps you when you face a significant change and talk with them about this and remind them that they have transitioned before.

### 9. Pray with your child

Pray with your child and give them a verse about how God is with us to remind them that He never leaves us.

Hope this helps your transition back to school in 2023.

Adapted from 7 Tips for a Successful Transition Back to School - Kyo (kyocare.com)

# De-construction Lunchtime Group

We have been making amazing discoveries Tuesday lunch time when deconstructing electrical items. We have pulled apart toasters, DVD players, hair dryers, hard discs, lamps, and kettles.

Thanks to all those people who donated items.

Thanks to Mr David who has come along each lunch time to help us get those tricky screws out and answer our questions.

Questions like: What is this?, How does this work?, What does this do? Lots of curiosity and exploring leads to learning.

Watch this space for the return of deconstruction next year.







# Orienteering

The Grade 5/6 class on Friday of week 5 designed and created an orienteering course. Grades 3-6 all ran the course that was created by Grade 5/6 on week 7. Orienteering was a really fun way of learning navigation. On week 8, the Grades 3-6 got to go to Punchbowl Reserve to see what an actual orienteering course was like. The experience was helpful in order for us to know how to use a map and work as a team.

This is what some of the Grades 3-6 experiences were:

**Stephanie Stott-** I really liked that we got lost in the bush. It was a fun adventure.

**Lily Percy-** I really enjoyed doing the really long courses.

**Jayden Kamphise-** I liked how it was a new experience at a new place and how we got to hangout with my friends.

Reuben Kamphise- I really like all the running we had to do.

Milly Merrit- I liked all the running we had to do and all the animals we got to see.

Annica Scaife- Good it was fun

Amy Aldred- It was tiring but fun

**Frankie Haberle-** I liked when we had to scan the cards on the things and they made a beeping sound.

We all really enjoyed the orientation courses and can't wait for it next year!

-Sophie Roy











## Grade 7/8

The SAM unit (Shape, Angles & Measurement) is coming to its completion with students being asked to finish their recycled creations. Here are a few pics of these projects. Students have been learning real-life applications for being able to describe shapes, angles and measurements found within their creations.











### **History Years in the High School**

The last newsletter I shared was about the History projects we were doing in High School. These are now complete and here are some pictures of their fabulous projects!













# Grade 5/6 Business Enterprise Learning

As you are aware, the 5/6 class have been participating in a Business Enterprise learning Project. We would like to inform you of who we would like our profits to benefit.

The profits from our small business will be donated to designated community charities as well as much needed resources for our school.

Below is a summary of what our profit is and who we would like it to benefit.

Nutritious Navy - \$451.05, Food Crew - \$386.10, H.E.A.L.T.H.Y - \$363.80

We added on the \$600 gifted by Mr Austin to give us a total of: **\$1200.95** 

We have donated our profits to the following:

WAY FM - \$100

High School Netball Uniforms - \$150

Samaritans Purse shoe box postage - \$250

S.R.C - \$400.95

City Mission - \$200

R.S.P.C.A - \$100



The whole process of B.E.L has been a wonderful learning experience for our class and we want to thank everyone who supported us over this time as well as those who bought our healthy lunches.

From The B.E.L Secretaries,

On behalf of Mrs. McCormack and the Grade 5/6 Business Enterprise Learning Team











# Grade 5/6 - Camp Clayton

**Seth** – I enjoyed being able to connect with different people and have fun with people that I don't play with very often.

**Abi** – Camp was a really good opportunity to spend time with people that you wouldn't normally hang out with. The zip line was a highlight along with the delicious food

**Harmony** – I really enjoyed trying new foods that I don't normally eat. I enjoyed the challenge course and having to work as a team.

**Archie** – The camp concert was quite fun. I enjoyed the competition of the challenge course and definitely archery, but all the camp was great.

**Grace** – I have discovered that I enjoy more adventurous activities, such as the zip line, rock climbing and archery.

**Annica** – I enjoyed hanging out with everyone and rolling around in the grass and laughing.

**Amy** – It was nice to take a break from family and go out with friends. I enjoyed working together with others in a team for the challenges and problem-solving activities.

**Frankie** – I enjoyed hanging out with my friends and also competing against them in the different activities. I also enjoyed talking with my friends until late at night.

**Hephzibah** – I loved the flying fox, because first I was scared but Amy encouraged me that I should do it. When I did it I was really happy and continued to do it.

**Jayden**- I really enjoyed hanging out with my friends and doing the zip-line. I felt that I got to connect with different friends.

**Andrew** – I enjoyed learning about Anvers origins and I enjoyed the performances at at the camp concert.

**Lilliarana** – My favourite part was probably the zip-line. Movie night was fun and I got to do a devotion.













# Grade 5/6 Celebration Dinner













Grade 9/10 Dinner















3 Day Camps. 9:00am to 11:30am each day.
Primary Coaches: Chris & Sid
Suitable for Hot Shots players 5-12 years
\$110 for the 3 sessions or \$40 per session.
Members get 10% discount

Camp #1 - Monday, Tuesday, Wednesday 16th, 17th & 18th January 2023





Camp #2 - Monday, Tuesday, Wednesday 23rd, 24th & 25th January 2023

Match Play will be held on the Wednesday's of each camp for Both Orange & Green ball from 12 noon to 2pm. Book through the QR codes. Cost:- Members free & non members pay \$15

### Private Lessons - January 16 to Februay 7

Members:- \$35 per 1/2 Hours, \$70 per hour Non Members:- \$40 per 1/2 Hour, \$80 per hour Book through the QR Codes or the Office 6108-8290

# **Key Diary Dates**

#### 16 Dec

Whole School Picnic at East Beach

#### 19 Dec

Last Day Term 4

6:30pm - 9pm: Presentation Evening at Punchbowl Christian Centre

### 2023 Term Dates

Term 1: 6 Feb – 6 April

**Term 2:** 26 April – 7 July

Staff Study Week: 24 July – 28 July

Term 3: 31 July – 29 September

Term 4: 16 October – 14 December