

NCS UPDATE

The official newsletter of
Newstead Christian School

*'For the winter is past, the rain is over and gone.
The flowers are springing up and the time of the singing of
birds has come.
Yes, spring is here.
The leaves are coming out, and the grapevines are in blossom.
How delicious they smell!'
Song of Solomon 2:11-13 (TLB)*

Spring, it is my favourite season. I love it for so many reasons.... plants are coming back to life, flowers are popping up all over the place, the birds sound like they are happier than they were a few weeks ago, the sun is higher in the sky, and the days are getting longer.

What's not to like about spring?

Well, I need to mow the lawn a little more regularly. Also, there's quite a few members of my family who are susceptible to allergies in Spring. Then there's the overprotective plovers, which are a little scary. However, irrespective of the negatives regarding this season, I still love it. Which leads me to ponder the power of perspective.

We can complain that rose bushes have thorns,
Or rejoice because thorn bushes have roses.

-Abraham Lincoln

I was at a church event not long ago, where I heard from two individuals who separately shared with me their thoughts on the evening. One absolutely loved it; they couldn't speak more highly of it. The other though, did not enjoy it at all. Which begs the question – why such contrasting feedback from people who attended the same meeting? One of them arrived at the event excited and had an attitude of expectation. The other simply showed up; perhaps they may not have really wanted to be there.

The number one tool
that has the power
to set us up for a
positive experience,
is our ATTITUDE.

So, I'm going to enjoy spring. I know I'm going to enjoy it because I have set my mind to make the most of it. If I decided I will have a terrible spring season, it wouldn't matter how much good comes out of it, my mindset would not be able to convince me otherwise.

It is a good habit to check our attitude as we approach a new season, a new week, and even a new day.

The attitude you bring to the day
Is what the day will bring to you.
Great attitude equals a great day.

Glenn Mace
Temporary Principal

TEACHER AIDE APPRECIATION

Where would we be without our amazing Teacher Aides.

Last week was Teacher Aide Appreciation Week, and at NCS we can certainly testify to how amazing they are! Well done and thank you to all our hard working team of TA's! *Missing from photos but not forgotten: Anit



FUTSAL

The grade 5/6 went to the Elphin Sports Centre to play futsal against other schools from around Tasmania. Our class had 3 teams enter and we played 8 games each. The futsal competition was about building friendships from other schools, having fun with our teammates and good sportsmanship. It was an enjoyable and tiring day but a good way to help others that haven't played futsal before, learn the basics of the game in a competitive but comfortable way.

Harmony Duffy, on behalf of the Grade 5/6



Last Thursday 1st September, the grade 3/4 class joined with other Christian schools from around Tasmania to participate in a futsal tournament.

We had a lot of fun, learnt new skills and kicked some great goals. The highlight however was the amazing team spirit and resilience. Everyone persevered and gave it their all until the end.



Grade 5/6 Business Enterprise Learning

The 5/6 Class have been working on a Business Enterprise Learning Project (B.E.L) which is learning about small businesses within the context of our school. Before we began, we discussed the skills that are required to operate a business, for example: choosing roles and responsibilities, (C.E.O, Business Manager, Secretary, Marketing Rep), time management, good communication, teamwork, and commitment.

Thank you to Mr Austin, Miss Eastley, Mr Mace & Mrs Van Dyke who have come in to share their experiences with us.

Each of the small businesses have been focused on creating and promoting healthy lunches for the staff and students at Newstead Christian School.

*The profit from our small businesses will be donated to various charities & causes.

Our first lunch will be served in Week 2 Tuesday 25th October.

Get excited. Our lunches will nourish your stomach and satisfy your taste buds! Also, don't forget to bring your appetite!

Andrew Mikheil on behalf of the 5/6 class



H.E.A.L.T.H.Y

(Homemade eating and lunches that are healthy for you)



The Food Crew



Nutritious Navy



The Chompies



The Green Team





SATURDAY 11TH SEPTEMBER

For the last few years, some NCS staff have participated in the Women's 5km walk/run. This year we would like to open it up to the NCS community to continue to show our support to the cancer council and raise funds for such a great cause, which is even closer to our hearts this year.

Below is the link for registration for our team;

<https://www.womens5k.org.au/fundraisers/NewsteadChristianSchool249>

Hope to see you there!



BEDTIME STORY NIGHT

Thank you to everyone who came and supported bedtime story night.

I was impressed by the fantastic turn-up, so many people. Many books shared with enthusiastic readers.

What a great family atmosphere. So many people to thank that helped make the night work.

Thanks everyone for helping set up, reading, making hot chocolates, taking photos, great acting, cleaning up, setting up mics, handing out drinks and participating.

It worked because of the great team effort.



CHARACTER PARADE





Athletics Day Timetable

9.00 – 9.15am

- Students to meet at the track and sit in house groups (Students may meet at the track or come by bus)
- **Welcome – Jon the announcer, pray**
- Warm up (kids follow house leaders for a small jog/ stretch)
- House Cheers

9.15-10:20am

- 100m races (K – 1 = 70m, 2-10 = 100m) students to marshal for sprints.
- Grade 2 -10 marshal for 200m races (adjacent to start/finish line)
- K-4 Start first field event rotation
- 5-10 Start one rotation of field/ novelty events

10:20 – 10:40am RECESS (Please have this once you have completed your 3rd event)

10.40am – 11.40am (Field Events/Novelty events)

- All classes will be rotating around field events and novelty events.

11:40am – 12:00pm Snack break if required

12:00- 12:40pm (Field events/400m)

- Competitors in Grade 4 -10 complete the 400m sprint. (They then return to where their class is continuing on with a field event)
- K-3 will continue field/ Novelty events
- Classes will finish their events between 12.30pm and 1pm.

1.00pm (Lunch/ sausage sizzle)

- Lunch play

1.30pm – 2:45pm

- Classes to meet back on oval and sit in house groups
- House Cheers
- K-10 Relays (Shuttle for K-4, whole lap for 5-10)
- House Captains vs Staff vs Parents Relay
- 9/10's vs Staff Tug-Of-War
- Staff vs Parents Tug-Of-War
- Presentation of trophy to winning team



This year at the Athletics Carnival we are excited to let you know that we will have a COFFEE VAN coming to serve us coffee, hot drink & iced drinks. The Van is called BLOOM and they can't wait to see you all there.

UNIFORM REMINDER – WEAR IT PROUD!

With the Athletics Carnival coming up, we would like to remind you of our school uniform rules, mainly sports uniforms, as it has been noted that several children are not wearing the correct uniform. Please contact the office if you would like to purchase any uniform items.

Students should maintain a high standard of appearance when wearing school uniforms. Items that are badly faded, holed, or too short, do not reflect the school in a good light. Please replace or repair such items. Below is a reminder of the NCS uniform list.

Sport Uniform

- Polo shirt with school logo
- Black shorts of a modest length or black track pants (Not leggings)
- Rugby top with school logo
- Sport shoes with white or black sports socks
- Black school jacket with NCS logo or plain black jacket – for outdoors only
- NCS hoodie - Seniors students & outdoors only

Term 2 & 3 Girls

- School tunic/skirt
- White long/short sleeve shirt
- Red school jumper
- Black stockings
- Black school shoes
- Black school jacket with NCS logo or plain black jacket – for outdoors only

Term 1 & 4 Girls

- School dress
- Red school jumper
- School hat
- Black school shoes with white socks

Term 2 & 3 Boys

- White long/short sleeve shirt
- Plain grey trousers
- Red school jumper
- School tie
- Black school shoes with grey socks
- Black school jacket with NCS logo or plain black jacket – for outdoors only

Term 1 & 4 Boys

- White long/short sleeve shirt
- Plain grey shorts
- Red school jumper
- School tie
- School hat
- Black school shoes with grey socks

NATIONAL CHILD PROTECTION WEEK

National Child Protection Week (4-10 September) is a great time to consider how we all play a part in creating a safe and supportive community for children and young people.

The theme for Child Protection Week is 'Every Child in Every Community Needs a Fair Go' because we know that not all children and young people have the same opportunities to live in safe and supported families and communities.

Children thrive when parents and caregivers have the support they need. Parents can't provide the best care when they are overloaded with the financial, emotional and societal burdens that life can bring. When we foster healthy childhoods we in turn create healthier communities, which is why it's up to all of us to help all caregivers with such an important job.

A great, free resource for parents/caregivers and other family members is the Australian parenting website raisingchildren.net.au. The site offers free, reliable, up-to-date and independent information to help families grow and thrive together. The articles, videos and interactive resources are tailored to different ages and stages, taking families from nurturing a newborn to raising a confident, resilient teen – and helping parents to look after themselves too.

If you're looking for activities to do with your children the National Association for the Protection of Child Abuse and Neglect (NAPCAN) has launched a great Children's Activity Pack. Working through the pack is a great way for you to start a conversation with your child about what makes them feel safe and supported where they live.

You might also like to view this special National Child Protection Week video from author and parenting specialist Maggie Dent, where she talks about the importance of 'micro-connections' with your children.



QUEENSLAND
**CHILD
PROTECTION
WEEK**

4–10 September 2022

www.childprotectionweek.org.au

*Protecting children is
everyone's business –
play your part.*



Word maze

Can you find all 11 people and places that you can go to for help and support?

Police		Sport coach		Ambulance		Kids Helpline		Doctor		Carer	
Teacher		Hospital		Family		Social worker		School			
S	O	C	I	A	L	W	O	R	K	E	R
A	K	C	P	O	L	I	C	E	E	P	C
U	J	H	X	P	U	E	N	G	E	Z	A
N	K	U	F	A	M	I	L	Y	N	O	M
I	P	R	D	Z	F	D	F	S	I	T	B
D	O	C	T	O	R	E	V	I	L	Y	U
E	T	H	L	G	O	F	N	O	P	H	L
D	N	E	I	R	F	C	O	Z	L	O	A
N	I	C	Y	B	I	H	V	S	E	S	N
S	P	O	R	T	C	O	A	C	H	P	C
S	E	R	U	S	L	U	C	B	S	I	E
T	E	A	C	H	E	R	I	R	D	T	Z
S	S	E	N	R	E	H	T	E	I	A	A
A	N	C	A	R	E	R	T	A	K	L	G



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Kids Helpline: phone 1800 551 800 or go to www.kidshelpline.com.au

Key Diary Dates

5-9 September

Grade 9/10 Work Experience

5 September

7pm: Circle of Life - Parent Evening Session

6 - 7 September

k-6: Circle of Life

7 September

K-2: Swim Program

8 September

Prep-4: Operation Christmas Child Shopping

5/6: City Park Radio at 4.30 pm

Featuring Abi, Abigail, Stephanie and Annica. Tune in to 103.7FM & 96.5FM

9 September

7-8: Liffey Falls Walk

13 September

Sausage Sizzle Lunch - Fundraiser for Netball Uniforms

16 September

Athletics Carnival at St Leonards Athletics Centre

